National Federation of Young Farmers' Clubs

"Fun, Learning and Achievement"

Ballroom Dancing Rules 2015-16



NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS

Competitions Programme 2015-16

Status FINAL March 2015 **Eliminator**

NFYFC Ballroom Dancing

26 & Under RULES

COMPETITION AIM

To provide members with the opportunity to participate in a physical activity to demonstrate their ballroom dancing skills in a competition environment

LEARNING OUTCOMES

Choreography and composition, movement, performing, confidence, decision-making, teamwork and personal development skills

DATE & VENUE

1.1. After Area Eliminators, the Final will be held in conjunction with the 2016 Annual Convention on Sunday 8th May 2016, Blackpool

REPRESENTATION

- 2.1. Counties may enter one team per 600 members or part thereof in Area Eliminators.
- 2.2. English Areas and Wales will be represented in the final by one team per 3,000 members or part thereof.

ELIGIBILITY

- 3.1. The team must consist of a minimum of 3 couples (6 members), all of whom must be 26 years of age or under on 1 September 2015 and a full member of a Club affiliated to the NFYFC. There is no limit on male; female ratio.
- 3.2. Competitors are required in person to produce on the day of each round of the competition (County/Area/Regional and National) their current and signed Membership Card, with suitable photograph, or a fine of £20 will be imposed for non-production.

PROCEDURE

- 4.1. The Team are to perform a Show Dance to open a show (like Strictly Come Dancing). The routine is to be between 3-5 minutes long and must contain four different dance genres.
- 4.2. The Team must perform two genres from Ballroom, and two genres from Latin. The performance may have other genres involved in order to assist with the flow/sequencing of the performance.
- 4.3. The performance is a 'showdance' so will have a specific ending. For this reason there will be no additional time for a Bow/Curtsey at the end of the performance.
- 4.4. The music and costume should reflect the theme "Tomorrow's World"
- 4.5. Props may be used, but the teams must provide them on the day unless otherwise confirmed.
- 4.6. At the NFYFC Final the size of the dance area will be in the region of 10m x 10m (to be confirmed finally nearer the time depending on venues used at County, Area and NFYFC rounds of the competition – the County will











confirm detail of the county final, the Area will confirm detail of the Area Eliminator and the NFYFC will confirm detail of the NFYFC Final).

- 4.7. Music to be submitted to NFYFC on CD format (date to be advised).
- 4.8. A **Performing Rights (PRS) Society for Music Form** will be supplied to finalist teams by the NFYFC (as directed by the venue licence holders) for the final of the competition. This form must be completed and returned to the NFYFC prior to the performance.
- 4.9. All music must be, at every round, a *Radio Edit i.e. suitable and passed for radio broadcast to family (pre watershed) audiences.*
- 4.10. The Genres the team may choose from are:

Ballroom (2)	<u> Latin (2)</u>
Waltz	Cha Cha Cha
Foxtrot	Samba
Tango	Rumba
Viennese Waltz	Paso Doble
Quickstep	Jive

5. Scale of Marks

Posture	20
Timing	30
Musicality & Expression	20
Line	20
Footwork	20
Application of theme	30
Synchronisation	20
<u>Technique</u>	
Hold	10
Rise & Fall	10
Hip Action	10
Leg Action	10
Total	200

6. Awards

- 6.1. Peter Smith Trophy and NFYFC Prize Cards to winning team.
- 6.2. NFYFC Awards and Prize Cards to teams placed 2 and 3.
- 6.3. NFYFC Certificates of Achievement will be awarded to teams participating in the NFYFC Final.

7. NOTES

- 7.1. **IMPORTANT**: Competitors are reminded to read carefully the General Rules relating to National Competitions if they are taking part in this Competition. These are available from the NFYFC website.
- 7.2. This competition **WILL** carry points towards the NFU Trophy.
- 7.3. Members will be disqualified if they are not at the Presentation of Awards without prior permission being granted.



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